

Dr. Alonso completed her graduate training at the Miami Institute of Psychology and obtained her psychologist license in 2001. She is currently the Director of Clinical Training (DCT) at Albizu University's Doctor of Psychology in Clinical Psychology Program. She has taught in higher education since 1996 and has also been a full-time Associate Professor and Director of the Goodman Psychological Services Center for Albizu University since 2011.

Dr. Alonso worked for 15 years in community mental health centers, and was the clinical supervisor in the children & adolescent units that served underprivileged youth and families. While at the agency, she was part of the executive leadership and served as the Peer Review Chairperson, member of the Leadership Committee, Quality Assurance Committee, Managed Care Committee, and Forms Committee. She was also the Coordinator of the Comprehensive Community Services Team and worked closely with the Department of Children and Families and South Florida Behavioral Health Network regarding the federal grant for Family and Communities Empowered for Success (FACES). She was an intricate part of the team while also serving on the Program Subcommittee, Training Subcommittee, Cultural and Linguistic Competency Subcommittee, Logic Model Workgroup, and was the Leader of Change for her Agency.

Dr. Alonso received the 1994 Most Distinguished Student Award, 1998 Outstanding Undergraduate Faculty Member of the Year Award for the Miami Institute of Psychology, 1999 Honorary mention in The Hispanic Outlook in Higher Education, Honorary Mention in The Voice of Hispanic Higher Education, the 2011 First Annual Community Collaboration Award for FACES, and the 2014 Faculty Member of the Year for Albizu University. She has presented at the National Council for Schools of Professional Psychology (NCSPP) on Training Students to be Culturally Competent Regarding Religion and Spiritual Diversity, and at the Southern Organization for Human Services Annual Conference on The Importance of Cultural Competency Regarding Religion & Spiritual Diversity.

Dr. Alonso served from 2017-2019 on the American Psychological Association's Board for the Advancement of Psychology in the Public Interest. She currently belongs to APA's Division 36: Society of the Psychology of Religion and Spirituality and is a Site Visitor for Doctoral Programs and Internship Programs for the American Psychological Association's Commission on Accreditation.