

Curriculum Vitae
Lymaries Padilla Cotto, Ph.D.

Personal Data

Place of birth: Caguas, Puerto Rico

Date of birth: May 24, 1970

Education

2002 *Doctorate in Philosophy, Ph.D. (Psychology)*. GPA = 3.91 University of Puerto Rico, Río Piedras Campus

Doctoral Dissertation: *Comparación entre variables cognitivas, eventos de vida, sintomatología y psiquiátrica y apoyo social entre personas con alta y baja sintomatología depresiva en tres muestras puertorriqueñas. [Comparison of cognitive variables, life events, psychiatry symptomatology and social support in three samples of Puerto Ricans with low and high depressive symptomatology]*. Psychology Department, University of Puerto Rico, Río Piedras Campus.

1996 *Master Degree in Arts (Clinical Psychology)*. GPA = 3.97 University of Puerto Rico, Río Piedras Campus

Master Thesis : *Los problemas presentados en psicoterapia: un estudio preliminar [Reported problems in Psychotherapy: an exploratory study]*. , Psychology Department, University of Puerto Rico, Río Piedras Campus. DOI: oclc/36266835

1992 *Bachelor of Arts with a concentration in Psychology*. Magna Cum Laude (3.71-High Honors). University of Puerto Rico, Río Piedras Campus

BA Thesis: *Diferencia entre niños y niñas diagnosticados con el desorden de Déficit de Atención con Hiperactividad [Differences among ADHD Boys and Girls]*. Honor Program, University of Puerto Rico, Río Piedras Campus.

Internships

1997-1998-Internship in Clinical Psychology

Place: Hogar Celia y Harris Bunker Institute y University Center of Psychological Services and Studies/ Centro Universitario de Servicios y Estudios Psicológicos (CUSEP), Río Piedras, Puerto Rico.

1991- Summer Research Internship

Place: Penn State University (Summer Training Program)

Director: Dr. Anne Petersen

Project: Penn State Adolescent Study (PSAS). Longitudinal study of various aspects of the development of adolescents

1990 – Summer Research Internship

Place: University of California, San Francisco (UCSF) (Summer Training Program)

Director: Dr. Abram Rosenblatt

Project: AB377 Evaluation Project. Evaluation of a reform of mental health for children and adolescents with emotional disturbances

Licensure

2002-present Puerto Rico Board of Psychology (# Professional Lic.: 2132) (requires 45 continuing education credits every three years for its renewal)

Academic Appointments

2008-to present-Associate Professor

Place: Carlos Albizu University, San Juan Campus

2002-2007-Adjunct Professor

Place: Carlos Albizu University, San Juan campus

Employment

2008 –present- Director of the Research Training Program

Place: Carlos Albizu University, San Juan Campus

Supervisor: Dr. José Cabiya, Chancellor

2003-2005-Pilots Studies Coordinator-National Center on Minority and Health Disparities of the NIH- Grant Number = 1 MD00152 - R24, PI: Dr. José Cabiya

2000-2001-Title IV-Part A grant coordinator,

1998-2008-Assistant to the Director

Place: Scientific Research Institute, Carlos Albizu University, San Juan Campus

Supervisor: Dr. José Cabiya

1998-1998 -Parental Counselor

Place: Pediatric AIDS, Santurce, Puerto Rico

Tasks: Counseling and guidance, case management

1996 -1997-Research Coordinator

Place: Centro Universitario de Servicios y Estudios Psicológicos (CUSEP), Río Piedras, Puerto Rico, University of Puerto Rico, Río Piedras Campus

Project: Evaluación de Cuestionario sobre Estados de Animo (CEA)/Mood Disorders Questionnaire Project

Supervisor: Dr. Guillermo Bernal

1990-1996-Research Assistant

Place: University of Puerto Rico, Río Piedras Campus
Supervisor: Dr. Jeannette Rosselló
Project: Adolescent's depression.
Tasks: Articles, editorial design of therapy manual, cognitive-behavioral group therapy

Place: University of Puerto Rico, Río Piedras Campus
Supervisor: Dr. Guillermo Bernal.
Project: Psychotherapeutic Alliance Project
Tasks: data collection, data entry and data analysis, drafting of reports and articles

Place: University of Puerto Rico, Río Piedras Campus
Supervisor: Dr. José Bauermeister
Project: Development of a behavior inventory for children of pre-school age
Tasks: Bibliographic searches, instruments coding

Place: University of Puerto Rico, Río Piedras Campus
Supervisor: Dr. José Bauermeister
Project: Development of a behavior inventory for parents of children aged six to thirteen.
Tasks: Bibliographic searches, instruments coding

Place: University of Puerto Rico, Río Piedras Campus
Supervisor: Dr. José Bauermeister
Project: Evaluation of children diagnosed with ADHD
Tasks: Bibliographic searches, instruments coding

Place: University of Puerto Rico, Medical Science Campus
Supervisor: Dr. Glorisa Canino and Dr. Milagros Bravo
Project: Psychiatric Epidemiology
Tasks: Correction of instruments, instruments coding

Professional Activities

Intramural

2009-present – Administrator, Institutional Review Board (IRB)- Carlos Albizu University, San Juan Campus

2009-2013 – Research Integrity Officer- Carlos Albizu University, San Juan Campus

2008 - present- Associate Editor, *Revista Ciencias de la Conducta [Behavioral Sciences Journal]* Carlos Albizu University

2005-2006- IRB Full Member, Carlos Albizu University, San Juan Campus

Extramural

Padilla Cotto, Lymaries

1999–2000-Group therapy and assessment of aggressive-impulsive children. Carlos Albizu University, San Juan Campus
Supervisor: Dr. José Cabiya
Place: Lincoln School, San Juan, PR and Sector La Playita, Santurce, PR

1997- 1998- Group therapy for teens - Co-therapist
Place: Notre Dame Catholic School, Caguas, PR
Supervisor: Dr. Edwin Fernández
Therapist: Mr. Demy of Jesus

1996- Cognitive-behavioral therapy. Project of depression in adolescents
Place: University of Puerto Rico, Rio Piedras Campus
Supervisor: Dr. Jeannette Rosselló.

1995- Voluntary work of counseling and guidance
Place: Centro de Adolescentes de Gurabo (CENAD)/Center for Adolescents
Supervisor: Miss. Elsie Colón

1995-1996 Psicoballet-Level I. Licenciada Georgina Fariñas García e Ileana Hernández Simón.

1989 (summer)-Summer Mission. Social work with communities of limited resources
Place: Mao Valverde, Dominican Republic. Catholic Church.

Publications

Manuscripts

Bernal, G., **Padilla-Cotto, L.**, Pérez -Prado, E. M., Bonilla, J., & Serrano, M. (1995). *La Alianza Psicoterapéutica: Evaluación de dos instrumentos y desarrollo de una Escala Breve de la Alianza para la Terapia Individual [Therapeutic Alliance: assessment of two instruments and construction of the Therapeutic Alliance Scale-short version]*. Río Piedras: University Center of Psychological Services and Studies/ Centro Universitario de Servicios y Estudios Psicológicos (CUSEP), University of Puerto Rico, Rio Piedras Campus.

Peer review journals

Bernal, J., Bonilla, J., **Padilla-Cotto, L.**, & Pérez-Prado, E. M. (1998). Factors associated to outcome in psychotherapy: An effective study in Puerto Rico. *Journal of Clinical Psychology*, 54, (3), 329-342.

Bernal, G., **Padilla-Cotto, L.**, Pérez-Prado, E., & Bonilla, J. (1999). La alianza psicoterapéutica: evaluación y desarrollo de instrumentos [Therapeutic Alliance: assessment and instruments development]. *Revista Argentina de Clínica Psicológica*, 8 (1), 69-80.

Cabiya, J., Oorbitg, D., **Padilla, L.**, Sayers, S., Bayón, N., & De La Torre, M. (2001). Cognitive and Behavioral Profile of Puerto Rican Aggressive and Impulsive Children. *Revista Ciencias de la Conducta [Behavioral Science Journal]*, 16, 49-62.

Rosselló, J., **Padilla-Cotto, L.**, & Dávila-Marrero, E. (2002). Problemas presentados por un grupo de adolescentes puertorriqueños con depresión y sus padres [Presenting problems in a sample of Puerto Rican youths and their parents]. *Pedagogía [Pedagogy]*, 36, 80-91.

Manzano-Mojica, J., Cabiya, J., Sayers, S., & **Padilla, L.** (2005). Anxiety and depression associated to externalizing disorders in Puerto Rican Youth in Public schools ages 8 to14, *Journal of Hispanic American Psychiatry*, 4 (7), 16-27.

Bauermeister, J., Shrout, P., Chávez, L., Rubio-Stipec, M., Ramírez, R., **Padilla, L.**, Anderson, A., García, P., & Canino, G. (2007). ADHD and Gender: Are Risks and Sequela of ADHD the Same for Boys and Girls? *Journal of Child Psychology and Psychiatry*, 48 (8), 831–839.

Cabiya, J., **Padilla, L.**, Sayers, S., Pedrosa, O., Pérez-Pedrogo, C., & Manzano-Mojica, J. (2007). Relationship between aggressive behavior, depressed mood, and other disruptive behavior in Puerto Rican children diagnosed with Attention deficit and Disruptive Behaviors Disorders. *Puerto Rico Health Science Journal*, 26 (1), 43-49.

Cabiya, J., **Padilla, L.**, González-Cruz, K., Sánchez-Cestero, J., Martínez-Taboas, A., & Sayers, S. (2008). Effectiveness of a cognitive behavioral intervention for Puerto Rican children. *Revista Interamericana de Psicología [Interamerican Journal of Psychology]*, 42 (2), 195-202.

Sardiñas, L., **Padilla, L.**, Cabiya, J., & Sayers, S. (2009). Psicometría de la Escala de Actitud de la Población Femenina Puertorriqueña hacia la Subrogación (EAHS). *Revista Interamericana de Psicología [Interamerican Journal of Psychology]*, 43 (2), 222-229.

Torres-Valentín, M., Martínez-Taboas, A., Sayers-Montalvo, S., & **Padilla-Cotto, L.** (2013). Eventos Traumáticos en Estudiantes Graduados en Programas de Medicina y Psicología Clínica en Universidades Privadas de Puerto Rico [Traumatic events in a sample of graduate students from Medicine and Clinical Psychology Programs from private universities]. *Interamericana de Psicología [Interamerican Journal of Psychology]*, 47 (1), 101-110.

Cruz-Peréz, J., **Padilla, L.**, & Sayers, S. (2012, submitted for publication). Validación del instrumento de la versión española del cuestionario de agresión en una muestra de adolescentes puertorriqueños [Validity of the Spanish Version of Aggressiveness Questionnaire in a sample of Puerto Rican youths].

Sardiñas, L., Sayers, S., **Padilla, L.**, & Cordero, M. (2012, submitted for publication). Final Validation of the Female Attitude towards Surrogacy Scale (FASS).

Book chapters

Padilla, L. (2003). Los síntomas de depresión en dos muestras en Puerto Rico y su relación a los pensamientos, los eventos de vida y el apoyo social [Depressive symptomatology and its relation to thoughts, life events and social support]. In G. Bernal y J. Bonilla (Edts.) *La Depresión: Estudios Psicológicos en Puerto Rico y Cuba [Depression: Psychological studies in Puerto Rico and Cuba]*. San Juan: Publicaciones Puertorriqueñas Editores y el Centro de Investigaciones Sociales de la UPR-RP

Bernal, G., Bonilla, J., **Padilla, L.**, & Pérez-Prado, E.M. (2008). Factores asociados a la efectividad de la psicoterapia: un estudio exploratorio [Associate factors of effective psychotherapy: an exploratory study]. En. I. Serrano, M. Figueroa & D. Pérez (Eds.). *Dos décadas de desarrollo de la psicología social-comunitaria: de Puerto Rico al mundo [Two decades of Social-Community Psychology: form Puerto Rico to the world]*. (pp. 433-447) San Juan: Publicaciones Puertorriqueñas.

Cabiya, J., & **Padilla, L.** (2013). Evaluación de la efectividad de una intervención cognitivo-conductual con niños que exhiben conducta disruptiva y agresiva [Effectiveness of a cognitive behavioral intervention for Puerto Rican children with aggressive and disruptive behaviors] *Perfil de la Violencia en Puerto Rico: 1984-2004 [Puerto Rican profile of violence: 1984-2004]*, 108-111. Cayey, PR: Interamerican University of Puerto Rico

Newspapers and Bulletins

Padilla, L. (2007, May 30). De refuerzos y castigos [Punishment and reinforcements]. *El Nuevo Día*. Obtained from <http://www.endi.com/XStatic/endi/template/voces.aspx?v=222733>

Padilla, L. (2007). Refuerzos y castigos [Punishment and reinforcements].. *Boletín de la 12^{ma} Exaltación de la Fama del Deporte Cagueño [Caguas' Sport Bulletin]*.

Curbelo, M.M., & **Padilla, L.** (2007, December) ¿Le deprime la navidad? [Do you get depressed in Christmas?] *Revista el Nuevo Día Salud al Día: Salud Mental*.

Padilla, L. (2007). Las niñas de hoy batean y encestan [Girls in sports]. *Boletín de la 12^{ma} Exaltación de la Fama del Deporte Cagueño [Caguas' Sport Bulletin]*.

Padilla, L., & Curbelo, M.M. (2008, February 29). Soy niña y tengo Déficit de Atención [I'm a girl with ADHD]. *Revista del Nuevo Día Salud al Día*.

Local and International Presentations

Oral presentations

Galarza, D., **Padilla-Cotto, L.**, & Santiago, I.J. (1990, April). *Experiencias de los estudiantes del programa MARC en la Investigación Biopsicosocial [MARC Experiences]*. Oral presentation at the Second conference of the future of Puerto Rican Psychology, Río Piedras, PR

Padilla-Cotto, L., & Ronsenblatt, A. (1990, August). *Evaluation of a Mental Health Program before and after the Ventura Model in Santa Cruz County*. Oral presentation at the Student's Session, University of California at San Francisco, San Francisco, CA

Padilla-Cotto, L., & Galarza, D. (1992, February). *Experiencias de los estudiantes del Programa MARC [MARC Program experiences]*. Oral presentation at Puerto Rico Psychological Association, University of Puerto Rico, Ponce Campus.

Padilla-Cotto, L., & Bauermeister, J. (1992, May). *Desarrollo de un Inventario de Comportamiento para niños/as puertorriqueños/as [Construction of a Behavior Inventory with*

Puerto Rican children]. Oral presentation at the Student's Research Conference, University of Puerto Rico, Medical Science Campus.

Bernal, G., **Padilla-Cotto, L.**, & Viera, L., (1994, April). *La efectividad de la psicoterapia en un Centro Universitario de Servicios Psicológicos [Effectiveness of psychotherapy in CUSEP]*. Oral presentation at the Annual Convention of the Puerto Rico Psychological Association, Guayanilla, PR.

Padilla-Cotto, L., & Viera, L (1994, April). *La efectividad de la psicoterapia en un Centro Universitario de Servicios Psicológicos [Effectiveness of psychotherapy in CUSEP]*. Oral presentation at the Research Conference, University of Puerto Rico, Medical Science Campus.

Padilla-Cotto, L., Bernal, G., Pérez-Prado, E., & Serrano-Morales, M. (1995, July). *Un instrumento para evaluar los problemas que presenta la clientela en psicoterapia [Questionnaire for the evaluation of presenting problems in psychotherapy]*. Oral presentation at XXV Interamerican Congress of Psychology, San Juan, P.R.

Padilla-Cotto, L., Rodríguez, S., & Quiñonez, A. (1996, October). *Resultados de tres medidas de depresión en una muestra puertorriqueña: Inventario de Depresión de Beck, Lista de Cotejo de Síntomas-36 y la Escala de Depresión del Centro de Estudios Epidemiológicos [Results of three depression scales in a Puerto Rican sample: Beck Depression Inventory, LCS-36, and the Depression Scales of the Epidemiology Center]*. Oral presentation at the Second International Conference of Health Psychology, (Psicosalud, 96). La Habana, Cuba.

Padilla-Cotto, L. (1998, March). *Familias tradicionales y familias modernas [Traditional and modern families]*. Course conference at Universidad Central, Bayamón Campus.

Cabiya, J., Matos, B., Baerga, K., **Padilla-Cotto, L.**, Martínez, B., & Orobítg D. (1999, November). *Impulsividad y agresividad en niños/as [Impulsivity and aggressive behavior in Puerto Rican children]*. Oral presentation at the Annual Convention of the Puerto Rico Psychological Association, San Juan, PR.

Cabiya, J., Orobítg, D., **Padilla, L.**, & De La Torre, M. (2000, August). *Cognitive and Behavioral Profile of Puerto Rican Aggressive and Impulsive Children*. Oral presentation at the American Psychological Association Convention.

Cabiya, J., Orobítg, D., **Padilla, L.**, Matos, B., Baerga, K., & De la Torre, M. (2000, July). *Evaluation of an Intervention Model for Impulsive-Aggressive Children in Puerto Rico*. Oral presentation at the XXVII International Congress of Psychology, Stockholm, Sweden.

Cabiya, J., Sayers, S., **Padilla Cotto, L.**, Bayón, N., de la Torre, M., Mercado, R., Rivera, M., & Dávila, V. (2001). *Estudio piloto, comparación de perfiles de niños/as impulsivos-agresivos, niños con TDAH y niños normales [Profile comparisons of ADHD and normal children]*. Oral presentation at the Latin-American Congress of ADHD, San Juan, Puerto Rico.

Cabiya, J., Sayers, S., **Padilla, L.**, Bayón, N., de la Torre, M., Mercado, R., Rivera, M., & Dávila, V. (2001, July). *Effectiveness of Cognitive-Behavior Therapy with Impulsive/Aggressive Children*. Oral presentation at the 7th European Congress of Psychology at London, England.

Cabiya, J., Sayers, S., **Padilla, L.**, Bayón, N., de la Torre, M., Mercado, R., Rivera, M., & Dávila, V. (2001). *Efectividad de un modelo de intervención cognitivo-conductual con niños impulsivos-agresivos de Puerto Rico [Effectiveness of a cognitive/behavioral intervention for impulsive aggressive children]*. Oral presentation at the Interamerican Society of Psychology Convention, Santiago de Chile.

Cabiya, J., **Padilla, L.**, Sayers, S., N., de la Torre, Bayón, N., Cruz, R., & Dávila, V. (2002). *Effectiveness of a cognitive/behavioral intervention with ADHD and ODD children*. Oral presentation at the BRIN Conference, San Juan, Puerto Rico.

De la Torre, M., Cabiya, J., Sayers, S., **Padilla, L.**, & Bayón, N. (2002). *Estudio preliminar de la validación del Inventario de Conductas Agresivas [Aggressive behavior inventory: a preliminary study]*. Oral presentation at the Annual Convention of the Puerto Rico Psychological Association, San Juan, PR

Cabiya, J., Manzano, J., Pérez, C., & **Padilla-Cotto, L.** (2003, July). *Efectividad de un modelo de Intervención Cognitivo Conductual en la reducción de la depresión para una muestra de niños puertorriqueños con el TDAH entre las edades de 8 a 14 años [Effectiveness of a cognitive/behavioral intervention for the reduction of depressive symptomatology in a sample of ADHD Puerto Rican Children 8 to 14 years old]*. Oral presentation at the XIX Interamerican Congress of Psychology, Lima, Perú.

Cabiya, J., Mercado, R., Manzano, J., Pérez- Pedrogo, C., & **Padilla- Cotto, L.** (2005) *Prevención Efectiva: Programa “Coping Power” [Effective Prevention: the Coping Power Program]*. Oral presentation at the Annual Convention of the Puerto Rico Psychological Association, San Juan, PR

Cabiya, J., Mercado, R., Manzano, J., González, K., & **Padilla- Cotto, L.** (2006, November). *Evaluación de la Efectividad de Versión Abreviada del Modelo “Coping Power” [Effectiveness of the short versión of the Coping Power Program]*. Oral presentation at the Annual Convention of the Puerto Rico Psychological Association, San Juan, PR

Sardiñas L., **Padilla, L.**, & Cabiya, J. (2008, November). *Psicometría de la Escala de Actitud de la Población Femenina Puertorriqueña hacia la Subrogación [Psychometric properties of the of the Female Attitude towards Surrogacy Scale (FASS)]*. Oral presentation at the Annual Convention of the Puerto Rico Psychological Association, San Juan, PR

Segura, G., Gilbert, J., & **Padilla, L.** (2008, November). *Predictors of sexual harassment experiences and their cross-cultural differences: A workplace study among women from the United States, Puerto Rico, and Japan*. Oral presentation at the Annual Convention of the Puerto Rico Psychological Association, San Juan, PR.

Padilla, L. (2009). *Presentación como panelista en Formación en Investigación en del Estudiantado Graduado en Psicología [Research education for graduate students in Psychology]*. Panel presentation at University of Puerto Rico, Río Piedras Campus.

Sayers, S., **Padilla Cotto, L.**, Martínez Lugo, M., & Rodríguez Gómez, J. (2010, October). *Modelo de adiestramiento en investigación de la Universidad Carlos Albizu, Recinto de San Juan, y su importancia en la educación superior [Research training model at Carlos Albizu University]*. Segundo Congreso Asociación de Colegios y Universidades Privadas/ Oral

presentation at the Second Congress of the Private Universities and College Association. Hotel Caribe Hilton, San Juan, Puerto Rico.

Cruz, J.P., **Padilla, L.**, & Sayers, S. (2011, November). *Validación de la Versión Española del Cuestionario de Agresión en una muestra de Adolescentes Puertorriqueños/as* [Validity of the Spanish Version of Aggressiveness Questionnaire in a sample of Puerto Rican youths]. Oral presentation at the Annual Convention of the Puerto Rico Psychological Association, Río Grande, PR

Cruz-Esteves, C., & **Padilla, L.** (2012, November). *Relation Between Violence and Social Support in Dating Relationships in Young Puerto Ricans Between 21 and 26 Years Old: a larger sample*. Oral presentation at the Annual Convention of the Puerto Rico Psychological Association, Río Grande, PR

Poster presentations

Padilla-Cotto, L., & Ronsenblatt, A. (1990, August). *Ventura Model Evaluation, Santa Cruz County*. Poster presented at the Students Session, University of California at San Francisco, San Francisco, CA

Padilla-Cotto, L., Canino, G., & Rubio-Stipec, M. (1991, March). *Child Assessment in Puerto Rico: A methodological study*. Poster presented at the EUREKA Conference, Pasadena, California.

Padilla-Cotto, L., Peirats, G., & Bauermesiter, J. (1991, November). *Development of a Behavior Rating Scale for Puerto Rican Children*. Poster presented at the MARC Colloquium, Bethesda, Washington.

Bauermeister, J., & **Padilla-Cotto, L.** (1992, March). *Development of a Behavior Rating Scales for Pre-school children*. Poster presented at the Sixth Research Conference, Minnesota.

Manzano-Mojica, J., Cabiya, J., Sayers, S., & **Padilla, L.** (2005, July). *Anxiety and depression associated to externalizing disorders in Puerto Rican youths, ages 8 to 14 years old, of public schools*. Poster presented at the 9th European Congress of Psychology, Granada, Spain.

Escoriaza, L., & **Padilla, L.** (2009, November). *Perfil del historial familiar de ofensores sexuales hombres en Puerto Rico* [A profile of Puerto Rican sexual offenders males]. Poster presented at the Annual Convention of the Puerto Rico Psychological Association, Ponce, PR

Cintrón, Ch., & **Padilla, L.** (2009, November). *Cáncer y depresión: Variables relacionadas a la manifestación de sintomatología depresiva en pacientes oncológicos* [Cancer and depression: relating variables for depressive symptomatology in a sample of cancer patients]. Poster presented at the Annual Convention of the Puerto Rico Psychological Association, Ponce, PR.

Sardiñas, L., Sayers, S., & **Padilla, L.** (2011, November). *Surrogacy: A Study among Puerto Rican Women*. Poster presented at the 2011 Caribbean Regional Conference of Psychology. Nassau Bahamas.

Sardiñas, L., Sayers, S., & **Padilla, L.** (2011, November). *Final Validation of the Female Attitude towards Surrogacy Scale (FASS)*. Poster presented at the 2011 Caribbean Regional Conference of Psychology. Nassau Bahamas.

Cruz, C., & **Padilla, L.** (2012, March) *Relation Between Violence and Social Support in Dating Relationships in Young Puerto Ricans Between 21 and 26 Years Old*. Poster presented at the World Family Therapy Congress, Vancouver, Canada.

Faris, L., & **Padilla, L.** (2012, November). *El Rol de la Religión en la Transformación Personal [The role of religion in personal transformation]*. Poster presented at the Annual Convention of the Puerto Rico Psychological Association, Rio Grande, PR

López, Y., & **Padilla, L.** (2012, November) *.Validación de la Escala de Adicción al Internet en una muestra de adultos puertorriqueños [Validity of the Internet Addiction Scale in a sample of Puerto Rican Adults]*. Poster presented at the Annual Convention of the Puerto Rico Psychological Association, Rio Grande, PR

Miranda, D., & **Padilla, L.** (2012, November). *Validity of the "Parental Acceptance--Rejection Questionnaire/Control (PARQ/Control)*. Poster presented at the Annual Convention of the Puerto Rico Psychological Association, Rio Grande, PR

Venegas, T., & **Padilla, L.** (2012, November) *.Validación de Instrumento: Obstáculos Sociales y Psicológicos que Impiden el Peso Saludable [Construction and Validity of the Social and Psychological obstacles for a healthy weight]*. Poster presented at the Annual Convention of the Puerto Rico Psychological Association, Rio Grande, PR

Media presentation

Quiles, I., Rodríguez, R., **Padilla-Cotto, L.**, & Falcón, B. (1993, December). *Juventud y Sociedad [Youths and Society]*. WIPR, San Juan, P.R./Radio Interview

Quiles, I., Guadalupe, R., & **Padilla-Cotto, L.** (1993, March). *Navidad para la juventud puertorriqueña [Christmas for Puerto Rican youths]*. WIPR, San Juan, P.R./Radio Interview

Offered Workshops

1988-1994- Workshops for youths. Catholic Diocese of Caguas, PR

1994 (March) – Crisis intervention workshop. Catholic Diocese of Caguas, PR

1995 (April) – Adolescent's self-esteem. Catholic Diocese of San Juan. Corpus Christy Parish, Carolina

2004 - 2011-Review for State license test and comprehensive exams. Carlos Albizu University.

2009- present- Training on basic aspects of the IRB.

2007- Cabiya, J., **Padilla, L.**, Manzano, J., & Sánchez, J. (2007, October). *Taller de Adiestramiento Preconvención sobre la Coping Power Program [Coping Power Program Training]*. Workshop presented at the Annual Convention of the Puerto Rico Psychological Association, Ponce, PR

Specialized Training

2002-present 45 continuing education credits every three years for licensed renewal

2011 Three days Intensive Courses- ATLAS ti. Dr. Nick Woolf. (June 6-8, 2011) Puerto Rico Clinical and Translational Research Consortium.

2011 *Grants Management Systems: Key Processes Workshop* (February 3-4, 2011) , Courtyard by Marriott Isla Verde Beach Resort Hotel.

2012 3rd Multidisciplinary Conference in Clinical Research and the 3rd Summit of Translational Research in Health Disparities (February 23-24, 2012, San Juan).

2012 Nvivo 8 hrs. Training (October 18 and 25, 2012). Carlos Albizu University, San Juan.

Skills

Computer skills: Windows, SPSS, Word, PowerPoint, Internet, federal forms of proposals, Blackboard, electronic bibliographic searches

Languages: Spanish and English

Awards

2008-Director of the year, Carlos Albizu University

2007-Adjunct Faculty of the year, Carlos Albizu University

2002-Collaboration award for the National Center on Minority and Health Disparities of the NIH-Grant Number = 1 R24 MD00152-01 Carlos Albizu University

2000- Collaboration award Title V grant, Carlos Albizu University

1996-COR Stars

1992-Magna cum laude

1992-Dean List

1992-United States Achievement Academy Award

1992-All American Scholar Award

1992-National Collegiate Social Sciences Award 1991-registration honor 1991-Golden Key National Association

1991-National Dean List

1991-Students awards, MARC

1989- MARC: Minority Access to Research Careers student member, National Institute of mental Health

1989 - Honor Program, University of Puerto Rico, Rio Piedras Campus

Professional Associations

- 2010-present Sociedad de Administradores de Investigación de Puerto Rico, INC. [*Member of the PR Research Administrator Society*]
- 2011-present Alianza Inter-universitaria para una Ética de la Convivencia [*Alliance for Ethics*]
- 2012-present Puerto Rico Psychological Association
- 2012-present Sociedad Interamericana de Psicología [*Member Interamerican Society of Psychology*]
- 2013-present American Psychological Association