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Date and Place of Birth: August 3, 1962
San Juan, Puerto Rico

Education:

1984 B.A. in Psychology, Florida State University, Tallahassee, FL.

1988 M.A. in Psychology, University of Puerto Rico, San Juan, PR.

Thesis: Normative Values and Reliability of the Gordon Diagnostic System

1991 Doctoral Internship, CPC San Juan Capestrano Psychiatric Hospital, Trujillo Alto, PR.

1993 Ph.D. in Clinical Psychology, University of Puerto Rico, San Juan, PR.

Dissertation: Utilization of Mental Health Services by Poor Puerto Rican Women

1997-98 Clinical fellow, Southern Jamaica Plains Health Center, Department of Psychiatry, Brigham and Women's Hospital and Harvard Medical School, Boston, MA.

1999-01 Post-doctoral fellow in Family Therapy, Department of Psychiatry, Massachusetts General Hospital and Harvard Medical School, Boston, MA.

Licensure and Certification:

1988 - present Puerto Rico Board of Psychology (# 1172)

2001 - present Massachusetts Board of Psychology (# 7887)

Academic Appointments:

2001-2006 Clinical Instructor, Department of Psychiatry, Harvard Medical School, Boston, MA.

2008 - Associate Professor, Carlos Albizu University, San Juan, PR.

Hospital Appointments:

- 2001-06 Clinical Assistant in Psychology, Department of Psychiatry, Massachusetts General Hospital, Boston, Massachusetts.
- 2001-06 Staff Psychologist, Massachusetts General Hospital Chelsea Health Care Center, Chelsea, Massachusetts.

Employment: (other than academic and hospital appointments)

- 1985 - 1986 Clinical Practicum, Psychosocial Center for Mental Health Rehabilitation, Department of Health, Government of Puerto Rico Bayamón, PR.
- 1986 - 1987 Clinical Practicum, Adolescent Psychiatric Unit (UPA), Bayamón Regional Hospital, Bayamón, PR.
- 1987 Clinical Practicum, Center For Services and Psychological Studies (CUSEP), University of Puerto Rico, San Juan, PR.
- 1987 Teacher Assistant, Undergraduate Program in Psychology, University of Puerto Rico, San Juan, PR.
- 1990 Adjunct Faculty, Undergraduate Program in Psychology, University of Puerto Rico, San Juan, PR.
- 1993-95 Private Practice in Clinical Psychology, San Juan, PR
- 1993-95 Adjunct Faculty, Department of Psychology, University of Puerto Rico, San Juan, PR.
- 2006 Project manager, Family therapy interventions with juveniles in three different correctional facilities, Workforce Training & Employment Center (WOTEC), Department of Education, Government of Puerto Rico
- 2007- present Private Practice in Clinical Psychology, San Juan, Puerto Rico
- 2010- present Director, PhD Clinical Psychology Program, Carlos Albizu University, San Juan Campus, San Juan, PR.

Professional Organizations:

- 1985 - present American Psychological Association
- 1989 - present Puerto Rico Psychological Association
Member, Special Interest Group, Prevention of Violence and Criminal Behavior
Member, Ad-hoc Committee, Family Therapy

2011 – present Inter-American Society of Psychology

2012 – present International Family Therapy Association

Professional Activities:

Intramural

2009-present Assessment and Accreditation Committee, Carlos Albizu University, San Juan, PR

2010-present Executive Committee, Carlos Albizu University, San Juan, PR

2010-present Institutional Review Board, Carlos Albizu University, San Juan, PR

Extramural

2011-present Chair, Accreditation Committee for APA site visit, Carlos Albizu, San Juan, PR

2012 – present Trained Site Visitor, Council of University Directors of Clinical Psychology, American Psychological Association.

Awards

2011 “2011 Example of Excelencia in Education - Graduate Level”, presented to the PhD in Clinical Psychology Program of the Carlos Albizu University, by “Excelencia in Education” on September 27, 2011 at the U.S. Capitol, Washington D.C.

Continuing Education:

2012 (April 27) Effective Providers for Victimized Children, Effective-providers Program Community Workshop, APA sponsored Continuing Education Program, (organizer and lecturer)

Other Significant Activities: (community service)

2005 - 2006 Board Member, Domestic Violence Services of Central Middlesex, Concord, MA.

Research Program:

1988 - 1991 Research Project Director, Utilization of Mental Health Services in Puerto Rico (PI: M. Alegría, NIH/NIMH grant), School of Public Health, University of Puerto Rico Medical Sciences Campus, San Juan, PR.

2005-2006 Site Principal Investigator (Massachusetts General Hospital), Testing the Right Question Project: Health Education Strategy in a Mental Health Setting (PI: M. Alegría, NIH/NCMHD grant P 20 MD000537), Department of Psychiatry, Cambridge Health Alliance, Harvard Medical School, Boston, MA.

2010-2012 Site Principal Investigator (Carlos Albizu University), Project 2: Interventions to Increase Engagement and Retention in Mental Health Care (PI: M. Alegría, NIH/NIMHD grant P 60 MD002261), Department of Psychiatry, Cambridge Health Alliance, Harvard Medical School, Boston, MA.

Publications and Presentations:

Original manuscripts

1. Bauermeister J.J., **Jiménez A.L.**, Berríos V., Acevedo, L. (1989). El Inventario de Comportamiento Escolar y el Sistema Diagnóstico Gordon: Instrumentos Útiles en la Evaluación de Inhabilidades Específicas de Aprendizaje, Desórdenes de Atención e Hiperactividad en Niños Puertorriqueños. Revista Asociación de Psicólogos de Puerto Rico, 45-63.
2. Bauermeister J.J., Berríos V., **Jiménez A.L.**, Acevedo, L. (1990). Some Issues and Instruments for the Assessment of Attention Deficit Hyperactivity Disorder in Puerto Rican Children. Journal of Clinical Child Psychology, 19: 9-16.
3. Alegría, M., Robles, R., Freeman, D., Vera, M., **Jiménez, A.L.**, Ríos, C., Ríos, R. (1991). Patterns of Mental Health Utilization among Puerto Rican Poor. American Journal of Public Health, 81(7):875-879.
4. Freeman, D., Alegría, M., Vera, M., Muñoz, C., Robles, R., **Jiménez, A.L.**, Calderon, J.M., Peña, M. (1992). A Receiver Operating Characteristic (ROC) Curve Analysis of a Model of Mental Health Services Use by Puerto Rican Poor. Medical Care, 30(12):1142-1153.
5. **Jiménez, A.L.**, Alegría, M., Peña, M., Vera, M. (1997). Patterns of utilization of mental health services among poor women with symptoms of depression. Women and Health, 25 (2):1-21.
6. Alegría, M., Polo, A., Gao, S., Santana, L., Rothstein, D., **Jiménez, A.**, Lyons, M., Mendieta, F., Oddo, V., Normand, S.L. (2008). Evaluation of a patient activation and empowerment intervention in mental health care. Medical Care, 46 (3):247-256.
7. **Jiménez, A.**, Cortes, D, LaRoche, M., Alegría, M. (2013). Gender differences in patient activation styles (relational or autonomous) among Latinos (in preparation).
8. Alegría, M., Carson, N., Flores, M., Li, X., Shi, P., Polo, A., Allen, M., Fierro, M., Interian, A., **Jiménez, A.**, LaRoche, M., Lee, C., Lewis-Fernandez, R., Levas-Stein, G., Safar, L., Schuman, C., Storey, J., Shrout, P. (2013). Evaluating the randomized DECIDE intervention: does it increase patient activation, self-management in behavioral health-care? (in review).

Book chapters

1. **Jiménez, A.** Alegría, M, Camino R., Lazaro J. (2013). Cultural Sensitivity: What Should We Understand About Latinos? (2013) In: Parekh, R., Rosenbaum, J. (Eds.), MGH Textbook on Cultural Sensitivity and Diversity in Mental Health, NY, Springer (in press)

Abstracts

1. **Jiménez, A.L.**, Berríos, V., Bauermeister, J.J., Acevedo, L. Normative Data and Reliability of the Gordon Diagnostic System for Puerto Rican Children. Proceedings of the Annual Meeting of the American Public Health Association, 1989, Chicago, Illinois
2. Alegría, M., Vera, M., Robles, R., Ríos, C., **Jiménez, A.L.** Factors Affecting the Utilization of General and Specialized Mental Health Services in Puerto Ricans Living in Poor Areas. Proceedings of the American Public Health Association Annual Meeting, 1990, New York, NY.
3. Alegría, M., **Jiménez, A.L.**, Vera, M. Health Insurance Coverage and Utilization of Mental Health Services by Puerto Ricans. Proceedings of the American Public Health Association Annual Meeting, 1991, Atlanta, Georgia.
4. Perez, R.F., Martinez, T., Hiraldo, C.M., Lugo, M., and **Jiménez, AL**, (2012, July 23- 27). *The use of text messaging and its effect on a family system*, 30th International Congress of Psychology, Cape Town, South Africa.
5. Cordero, M., Hiraldo, C., Crespo, A., Rodriguez, G. and **Jiménez, AL**, (2012, July 23 27). *The effect of text messaging in the family relationship: the experience of Puerto Rico*, 30th International Congress of Psychology, Cape Town, South Africa.
6. **Jiménez, A.L.**, Rivera, C.L., Cruz, C., Perez, R. (2013, July 31). The role of Facebook on Couples, American Psychological Annual Convention, Honolulu, Hawaii.

Poster presentations

1. *Esteban, C., and Jimenez, AL*, (2011, November 12). Are Psychology and Psychological Counselor students from Puerto Rico prepared for human sexuality issues in Psychotherapy? Puerto Rico Psychological Association 58th Annual Convention, Rio Grande, P.R.
2. **Jimenez, AL**, (2012, February 23). *Relational & Autonomous selves in the patient's activation of health & mental health care among Latinos: Does Gender matter?* 3rd Multidisciplinary Conference in Clinical Research and 3rd Summit of Translational Research in Health Disparities, Medical Sciences Campus, University of Puerto Rico, San Juan, P.R.

3. **Jimenez, AL**, Alegria, M., and Cortes, D. (2012, August 3). *Relational & Autonomous selves in the patient's activation of health & mental health care among Latinos: Does Gender matter?* Annual Convention of the American Psychological Association, Orlando, Florida.
4. **Nieves, M., Zayas, R., Otero, B., Colon, P., Ortiz, C., Ocasio N., Najul, F., and Jiméñez, A.L.** (2012, November 16). *Domestic violence in Puerto Rico*, Puerto Rico Psychological Association 59th Annual Convention, Rio Grande, P.R.
5. **Esteban, C., Melendez, R., and Jiméñez, A.L.** (2012, November 17). *A questionnaire for the evaluation of APA competencies in clinical supervisors*, Puerto Rico Psychological Association 59th Annual Convention, Rio Grande, P.R.
6. **Cruz, C., Ball, J., Catalá, I., García, D., Carrasquillo, R. & Jiméñez, A.L.** (2013, February 20-23). *The shaping of relationships: a qualitative study on the role of facebook on couples*. International Family Therapy Association (IFTA) World Congress, Orlando, Fla.
7. **Coste, M., Quevedo, J., Reyes, R., Garcia, A., Jiméñez, A.L.** (2013, February 20-23). *The facebook era and its effect on couples*. International Family Therapy Association (IFTA) World Congress, Orlando, Fla.
8. **Gonzalez, T., Jiméñez, A.L., Martinez, J.** (2013, July 15). *The effectiveness of the therapeutic alliance between client, therapists and supervisors on the client's clinical outcome*, XXXIV Inter-American Congress of Psychology, Brasilia, Brazil.

Lectures and presentations

1. **Jiméñez, A.L.**, Rodríguez, E. (1990, April 4-7). The LEDS: Towards a contextual model for the study of the etiology of psychological disorders. Second Conference about the Future of Psychology. Department of Psychology, University of Puerto Rico, San Juan, PR.
2. **Jiméñez, A.L.** (1990, April 4-7). Psychology of Oppression. Second Conference about the Future of Psychology. Department of Psychology, University of Puerto Rico, San Juan, PR.
3. **Jiméñez, A.L.** (1991, December 4-6). Factors Associated with Depressive Symptomatology in Poor Women. Thirteenth Annual Research Forum, University of Puerto Rico Medical Services Campus.
4. **Jiméñez, A.L.**, Alegria, M., Vera, M., Robles, R. (1992, February 4). Utilization of Mental Health in Puerto Rico. Seminar for Graduate Students, School of Pharmacy, University of Puerto Rico Medical Sciences Campus.
5. **Jiméñez, A.L.**, Alegria, M., Peña, M., Rodríguez, W. (1995, July). Utilization of mental health services among poor puertorican women with symptoms of depression. XXV Interamerican Congress of Psychology, San Juan, Puerto Rico.

6. **Jiménez, A.L.** (2000, November). Latino family therapy and mental health issues. Graduate Program on Social Work, Simmons College, Boston, MA.
7. **Jiménez, A.L.** (2001, January). Latino family therapy. Psychiatry Service, Massachusetts General Hospital, Boston, MA.
8. **Jiménez, AL**, (September 2002 to June 2003). Weekly Family Therapy Seminars. MGH Chelsea Health Care Center, Boston, MA .
9. **Jiménez, A.L.** (2009, March 6-8). Psychotherapy in the Management of Psychotic Disorders in Children and Adolescents. AACAP/APPNA Annual Convention: Integrating Treatment Modalities in Child Psychiatry: Disruptive, Mood and Psychotic Disorders. Palmas del Mar, Humacao, PR
10. **Jiménez, AL**, (2010, February 13). Narrative Family Therapy. Presentation for Interns at Mental Health Community Center at University Carlos Albizu, San Juan, PR
11. **Jimenez, AL**, (2010, November). The use of Narrative Therapy with couples as method of social and cultural empowerment. Puerto Rico Psychological Association 57th Annual Convention, Dorado, P.R.
12. **Jimenez, AL**, (2011, July26). Narrative Therapy as a method to enhance empowerment in Latino Families, XXXIII Interamerican Society of Psychology (CIP), Medellin, Colombia.
13. **Jimenez, AL**, (2011, November 4). Educating from a Constructionist Paradigm. 12th International Meeting of Education and Thought, Ponce, P.R.
14. **Jimenez, AL**, (2011, November 12). The use of a Reflecting Team in Narrative Therapy, Puerto Rico Psychological Association 58th Annual Convention, Rio Grande, P.R.
15. **Robledo, J., Stipes, V., Jimenez, AL, and Martinez, J.** (2011, November 11). Employment Status: An evaluation and its impact in Puerto Rican Women, Puerto Rico Psychological Association 58th Annual Convention, Rio Grande, P.R.
16. **Jimenez, AL**, (2012, February 17). The PhD Clinical Psychology Program at Carlos Albizu University, a program of Excellence in Education: using a Constructivist model to build excellence, HETS Second Best Practices Showcase, Celebrating Technology Innovation for Hispanic Success in Higher Education, Inter American University of Puerto Rico, San Juan, P.R.
17. **Robledo, J., Stipes, V., Jimenez, AL, and Martinez, J.** (2011, November 11). Employment Status: An evaluation and its impact in Puerto Rican Women, Puerto Rico Psychological Association 58th Annual Convention, Rio Grande, P.R.

18. **Jimenez, AL**, (2012, March 15). Latinos in the United States, Presentation for the Diversity Committee, Department of Psychiatry, Massachusetts General Hospital, Harvard Medical School.
19. **Jimenez, AL**, (2012, April 27). Effective Providers for Victimized Children, Effective-providers Program Community Workshop, APA sponsored Continuing Education Program, presentation held at Carlos Albizu University, San Juan, PR.
20. **Jiménez, AL**, (2012, Junio 21- 23). The use of Narrative Therapy and reflecting teams as mechanisms to create change at a social and family level, IV Regional Congress of the Interamerican Psychological Association, Santa Cruz de la Sierra, Bolivia.
21. **Jimenez, AL, Perez, R.F., Martinez, T., Hiraldo, C.M., and Lugo, M.** (2012, Junio 21- 23). Impact of text messaging on family members: a quantitative analysis, IV Regional Congress of the Interamerican Psychological Association, Santa Cruz de la Sierra, Bolivia.
22. **Jimenez, AL, Cordero, M., Hiraldo, C., Crespo, A., y Rivera, R.** (2012, Junio 21- 23). Impact of text messaging on family members: a qualitative analysis, IV Regional Congress of Interamerican Psychological Association, Santa Cruz de la Sierra, Bolivia.
23. **Jimenez, AL, Nieves, M., Zayas, R.M., Otero, B, and Colon, P.** (2012, Junio 21- 23). The challenge of domestic violence in Puerto Rico, IV Regional Congress of Interamerican Psychological Association, Santa Cruz de la Sierra, Bolivia.
24. Stipes, V., Robledo, J., **Jiménez, A.L.**, and Martinez, J. (2012, July 23-27). The impact of employment in the mental health of Hispanic women, 30th International Congress of Psychology, Cape Town, South Africa.
25. **Jimenez, AL, Cortes, D., and Alegria, M.** (2012, July 24). Learning styles in patient's activation of health and mental health care among Latinos. 30th International Congress of Psychology, Cape Town, South Africa.
26. **Jiménez, A.L.** (2012, November 17). *The challenge of childhood violence*, Puerto Rico Psychological Association 59th Annual Convention, Rio Grande, P.R.
27. **Delgado, Y., Figueroa, Y., and Jiménez, A.L.** (2012, November 17). *Art as a strategy to prevent violence*, Puerto Rico Psychological Association 59th Annual Convention, Rio Grande, P.R.
28. **Lampon, A., Padilla, V., Vera, C., Serrano, I., Faris, L., Mascorro, E., Cruz, G., Zayas Y., Herrera, E., and Jiménez, A.L.** (2012, November 16). *Play and communication among family members in Puerto Rico*, Puerto Rico Psychological Association 59th Annual Convention, Rio Grande, P.R.

29. **Jiménez, A.L.,** Martinez, J., Esteban, C., Fuentes, L., Gonzalez, Z., Hiraldo, C., Gonzalez, S., Gonzalez, T., Ramos, B., (2013, July 15). *The effect of feedback on client's outcome in a therapeutic triad*, XXXIV Inter-American Congress of Psychology, Brasilia, Brazil.
30. **Jiménez, A.L.,** Martinez, J., Esteban, C., Rodriguez-Quiñones, J, & Díaz, L.K. (2013, July 15). *The Use of Clinical measures to Improve Client's Outcome in a Mental Health Clinic in Puerto Rico*, XXXIV Inter-American Congress of Psychology, Brasilia, Brazil.
31. **Jiménez, A.L.,** Rivera, C.L. (2013, July 23). *The Use of Play Among a Sample of Puerto Rican Family*, 7th World Congress of Behavioral and Cognitive Therapies, Lima, Perú.