

CURRICULUM VITAE

Mercy Arias

EDUCATION

- August 2002 **Doctor of Psychology in Clinical Psychology**
University of Hartford/Graduate Institute of Professional Psychology
West Hartford, Connecticut
- May 1998 **Master of Arts in Psychology**
University of Hartford/Graduate Institute of Professional Psychology
West Hartford, Connecticut
- May 1995 **Bachelor of Science in Psychology**
University of Miami
Coral Gables, Florida

ADDITIONAL EDUCATIONAL EXPERIENCE

- August 2015 **Site Visitor**
Commission on Accreditation (CoA) Training
Toronto, Canada
- May 2014 **Step UP! Bystander Facilitator**
National Collegiate Athletic Association (NCAA)
Kansas City, Missouri
- November 2013 **QPR Gatekeeper Certified Trainer**
Department of Mental Health and Addiction Services (DMHAS)
Plainville, Connecticut
- June 2004 **Certified Addictions Professional**
Hanley-Hazelden
West Palm Beach, Florida

LICENSURE AND CERTIFICATION

- July 2009 Connecticut Licensed Psychologist - 002953
- April 2005 Certified Addictions Professional (CAP) - #3040
- June 2004 Florida Licensed Psychologist – PY 6950

LANGUAGES

Fluent in Spanish

ADMINISTRATIVE EXPERIENCE

2015 – present

**Director of Clinical Training – Doctor of Psychology (Psy.D.) Program
Associate Professor**

Albizu University

Doral, Florida

(Report to Provost: Etionoy Aldarondo, Ph.D.)

Responsible for directing, administering and supervising its APA-accredited Doctor of Psychology (Psy.D.) clinical program. Ensure compliance with the objectives, policies, regulations and other normative rules of the University and accrediting bodies. Supervise and evaluate over 20 faculty members, including full- and part-time faculty. Serve on campus, regional, and university wide committees. Serve on admissions committees, reviews applications, and participate in interviewing PsyD applicants. Facilitate the collection of data for program evaluation and accreditation processes. Responsible for overseeing the development of workshops or special events, and student, alumni, and faculty surveys. Additionally serve as a core faculty member with responsibilities in teaching, advising and chairing doctoral projects.

2009 – 2015

Director

Eastern Connecticut State University

Counseling and Psychological Services; Office of AccessAbility Services;

Office of Wellness Promotion

Willimantic, Connecticut

(Report to Vice President for Student Affairs: Kenneth M. Bedini)

Responsible for overall operation of the Counseling and Psychological Services, Office of AccessAbility Services, and Office of Wellness Promotion under the Division of Student Affairs. These duties include: supervising all clinical staff and support staff, developing and evaluating policies and procedures, and serving as budget authority for multiple budgets. Provide consultation with campus groups or individuals including students, faculty, staff, parents/family of students and other professionals in the community. Completing annual reports and work plans. Serve as a member on various committees of the university as appointed.

Counseling and Psychological Services – Plan, organize and direct all activities for the counseling service. Provide leadership and management in order to ensure professional, responsive and effective psychological counseling, crisis intervention, consultation, and outreach services for students. Assist in the development and implementation of policies and procedures. Maintain up to fifteen hours a week for individual counseling and walk-in crisis appointments. Responsible for on-call coverage after hours for mental health emergencies on campus. Responsible for establishing walk-in services for students in distress and a social support network for students to identify signs and symptoms of mental illness. Responsible for developing the current procedure for psychological medical leave of absence and expanding clinical services and clinical training program. Responsible for mental health initiative of the university's five-year strategic plan which includes

evaluating counseling services, increasing personnel, and assisting with retention and graduation rates for students at risk.

Office of AccessAbility Services – Oversee the implementation and development of advocacy initiatives and programs for students with disabilities. Responsible for maintaining compliance with state and federal laws pertaining to American Disability Act and the Rehabilitation Act of 1973 as amended. Responsible for expanding our assistive technology services and developing an assessment program for students requiring updated documentation for accommodations. Advise and train university faculty and staff on accessibility issues. Develop standards of operation for the office consistent with best practice. Attend corresponding community and state meetings regarding students with disabilities. Implementation of programs that have increased retention rates of students with disabilities.

Office of Wellness Promotion – Provide leadership with educational efforts pertaining to alcohol and substance abuse program development, procedure development, and intervention strategies and assessment. Provide advocacy and intervention to Eastern community as it relates to alcohol and substance use and abuse. Coordinate assessment efforts for mandated appointments relating to alcohol and other drug violations and/or hospital transport for alcohol intoxication. Coordinate and implement harm reduction and other relevant messaging campaigns as established through our coalition with the town of Windham through a four-year grant acquired by the Department of Mental Health and Addictions Services (DMHAS). Facilitate the yearly CORE Alcohol and Drug Survey for students and faculty and staff. Provide liaison services to the Athletics Department for NCAA alcohol educational programming and random drug screens.

2005 –2009

Director

Goodman Psychological Services Center/Carlos Albizu University
Doral, Florida

Responsibilities included administering a large doctoral practicum and pre-doctoral Internship Program in Psychology in accordance with APA and APPIC training standards. Other duties included overseeing all administrative departmental functions such as preparing fiscal budgets, annual reports, strategic plans, and accrediting reports. Accountable for developing and implementing new programs/services and promoting the clinic by participation of community events, radio shows, and/or television interviews. Facilitated and maintained communication with Clinic Advisory Board members, constituents, and academic programs. Responsible for recruiting, interviewing, supervising and evaluating all clinic personnel including licensed psychologists.

Training Director – Pre-doctoral Internship Program

Responsible for overseeing all aspects of a pre-doctoral internship program in clinical psychology. Responsible for maintaining and updating APPIC membership. Other duties included preparing and teaching advanced assessment seminar and ethics seminar for pre-doctoral interns in clinical psychology.

Clinical Supervisor

Responsible for supervising doctoral level students, pre-doctoral interns, and post-doctoral fellows in psychotherapy services, psychological, psycho-educational, and neuropsychological assessment. Provided didactic training in relevant clinical topics.

2004 - 2005

Coordinator of Field Placement and Internship

Carlos Albizu University
Doral, Florida

Responsible for coordinating field placement practica and internship experience for doctoral level students in psychology. Establish and maintain practicum sites. Conduct site visits with different training facilities to ensure optimum training. Conduct pre-doctoral internship preparatory seminars.

TEACHING EXPERIENCE

2011 – 2012

Adjunct Professor

Antioch University New England
Clinical Psychology Program
Keene, New Hampshire

Responsible for providing individual and group supervision for doctoral level students in their practicum site. Provide didactic training in relevant clinical topics.

2010 – 2015

Part-time Faculty

Eastern Connecticut State University
Willimantic, Connecticut

Responsible for developing course material, syllabus and teaching undergraduate level students in the department of psychology. Provide a quality learning experience, perform instruction-related duties in a timely manner and in accordance with the mission, policies, and procedures of the university.

Courses taught:

LAP 130 – Drugs, Brain and Behavior (3 credits); PSY 301 – Abnormal Psychology (3 credits); FYI 100 – Virtual You: How Fantasy Becomes Reality (3 credits); PSY 410 – Psychological Tests and Measurement (3 credits)

2009 – 2015

Adjunct Professor

University of Hartford
Graduate Institute of Professional Psychology
West Hartford, Connecticut

Responsible for providing individual and group supervision for doctoral level students in their practicum site. Provide didactic training in relevant clinical topics

2004 – 2009

Assistant Professor

Carlos Albizu University
Doral, Florida

Responsible for preparing, teaching, and advising graduate level students in an APA accredited Clinical Psychology Doctoral Program. Participate in scholarly activities such as research, chairing doctoral dissertations/projects, and participation for institutional accrediting reports necessary for APA. Other responsibilities included chairing a sub-committee for Middle States Commission on Higher Education self-study report.

Courses taught:

PSYD702 - Introduction to Clinical Psychology (3 credits); PSYD703 – Assessment of Intelligence & Lab (4 credits); PSYD705 – Ethics, Laws, and Professional Conduct (3 credits); PSYD734 – Psychopathology I (3 credits); NEUR701 – Fundamentals of Neuropsychology (3 credits); CPSY702 – Child and Adolescent Assessment & Lab (4 credits).

CLINICAL EXPERIENCE

2004 –2009

Independent Clinical Practice - Neuropsychologist

Proprietor
Miami, Florida

Conducted psychological and neuropsychological assessments and evaluations primarily with adults and adolescents of varying psychiatric, neurological, and/or medical diagnoses. Provided individual psychotherapy to a wide range of psychiatric and medical disorders. Consultative work with attorneys and provided expert testimony when necessary.

2002 – 2004

Postdoctoral Psychology Fellow, Clinical Neuropsychology

University of Miami School of Medicine/Jackson Memorial Medical Center
Department of Psychiatry
Miami, Florida

Adult Outpatient Mental Health:

(Supervisor: Lidia Cardone, Ph.D. and Michele Quiroga, Ph.D.)

Provided individual and couple psychotherapy with adults presenting with wide a range of psychiatric disorders. Responsible for co-leading group psychotherapy. Conducted neuropsychological assessments/consults both inpatient and outpatient settings. Responsible for supervising doctoral level graduate students in psychological/neuropsychological testing and psychotherapy. Responsible for conducting in-service training in the department of psychiatry.

2002 - 2004

Independent Clinical Practice

Miami, Florida
(Supervisor: Michele Quiroga, Ph.D.)

Conducted psychological and neuropsychological assessments and evaluations primarily with adults and adolescents of varying psychiatric, neurological, and/or medical diagnoses.

1999 - 2000

Psychology Intern

University of Miami School of Medicine/Jackson Memorial Medical Center
APA approved Clinical Internship/Division 40 (Neuropsychology)
Miami, Florida

Neurological Rehabilitation (6-months rotation):

(Supervisors: Gisela Aguila-Puentes, Psy.D. & Dianelys Netto, Ph.D.)
Provided individual/family psychotherapy, cognitive retraining, and neuropsychological assessment. Provided neuropsychological, diagnostic consultations for trauma center and neurosurgery intensive care unit. Also conducted outpatient neuropsychological assessment and psychotherapy with patients with neurological deficits.

Adult Behavioral Medicine/Rehabilitation Psychology (6-months rotation):

(Supervisors: Katharine Westie, Ph.D., ABPP, Michele Quiroga, Ph.D. & Mario Olavarria, Psy.D.)
Provided individual/group psychotherapy primarily with spinal cord injured and multi-trauma patients in neurosurgery intensive care unit, acute care, rehabilitation and outpatient settings. Co-lead a multi-family psychoeducational group. Psychological and neuropsychological assessment in inpatient and outpatient settings. Provided consultation to interdisciplinary team and reported at weekly rounds. Mandatory didactic weekly training.

1998 - 1999

Clinician

St. Mary's Hospital
Latino Clinic/Behavioral Health Care Service
Waterbury, Connecticut
(Supervisors: Mario Perez, M.D. and Mary Beth Johnston, Ph.D.)

Participation in multidisciplinary team for designing and implementing all psychological services for newly established Latino Clinic. Responsible for conducting all individual psychotherapy services for Spanish-speaking patients. Performed thorough intake assessments and provided liaison services between outpatient mental health clinic and emergency department and inpatient psychiatric unit. Conducted psychological assessment in Spanish.

1998 - 1999

Psychology Extern

Middlesex Hospital
Mental Health Outpatient Clinic
Middletown, Connecticut
(Supervisors: Clark Allen, Ph.D. and Janet Spoltore, Ph.D., ABPP)

Responsible for conducting intake assessments in outpatient clinic with adolescents and adults with a variety of presenting diagnoses, including anxiety, depression, and substance abuse. Conducted psychological assessment with children and adolescents with an emphasis on projective/objective measures. Conducted individual and group psychotherapy with children, adolescents and adults. Responsible for leading weekly psychoeducational/cognitive-behavioral psychotherapy groups within the Partial Hospital Program/Dual Diagnosis.

1997 - 1998

Psychology Extern

St. Mary's Hospital/Behavioral Health Care Service
Waterbury, Connecticut
(Supervisor: Mary Beth Johnston, Ph.D.)

Responsible for conducting intakes with a wide range of psychiatric disorders in an outpatient mental health clinic with children, adolescents, and adults. Performed psychological assessments and neuropsychological screenings, both in English and Spanish. Conducted group psychotherapy in the capacity of a co-therapist. Provided psychological services for Spanish-speaking patients. Participation of weekly multidisciplinary team meetings and in-service training's being required.

1995 - 1996

Assessment Counselor

Citrus Health Network, Inc.
Assessment and Emergency Service
Hialeah, Florida

Responsible for conducting thorough clinical interviews and crisis interventions in the emergency room of a large community mental health facility with children, adolescents, and adults. Emphasis on diagnosing and managing patients presenting with a wide range of psychiatric disorders, and often times at a severe level of acuity. Monthly clinical in-service training's being mandatory.

1995 - 1996

Psychometrician

Baptist Hospital of Miami
Miami, Florida
(Supervisor: Rafael Rivas-Vázquez, Psy.D., ABPP)

Responsible for administering and scoring a wide range of neuropsychological instruments with children, adolescents, and adults primarily with neurological diagnoses. Administered approximately 2 to 4 abbreviated neuropsychological batteries per week.

RESEARCH EXPERIENCE

- 1993 - 1996 **Research Assistant**
 University of Miami School of Medicine
 Department of Neurology/Division of Neuropsychology
 Miami, Florida
 (Professor: Gustavo J. Rey, Ph.D. & Rafael Rivas-Vázquez, Psy.D., ABPP)
- Responsible for normative data collection for standardization of Hispanic neuropsychological test battery, consisting of newly-derived instruments, as well as translations based on selected measures from A. L. Benton's battery. Conducted approximately forty structured interviews in Spanish, as well as administration of neuropsychological battery. Responsible for recruiting subjects and training/supervising other research assistants to administer the various measures.
- 1/95 - 5/95 **Research Assistant**
 Mailman Center for Child Development
 Miami, Florida
 (Professor: Joan Fleischmann, Ph.D.)
- Responsible for collecting data for a study geared at deriving norms for neuropsychological instruments based on elementary school children. Children ranged from ages 5 to 10.

PUBLICATION/ABSTRACTS

- 1995 Rey, G.J., Levin, B.E., Brown, M.C., Feldman, E., Rivas-Vazquez, R., Arias, M., & Benton, A.L. (1995). Application of the Benton tests to Hispanic adults: A preliminary analysis. Journal of the International Neuropsychological Society, 1, (2).
- 1995 Rey, G.J., Feldman, E., Brown, M.C., Arias, M., Mendoza, R., & Levin, B.E. Performance of Hispanics on a Spanish translation of the Folstein MMSE. *Presented at the 1995 American Psychological Association Meeting.*

GRANT EXPERIENCE

Department of Mental Health and Addiction Services (DMHAS). Partnership for Success grant awarded to Eastern Connecticut State University to diminish underage drinking, 2011 – 2014. [Award \$350,000, four years].

Department of Mental Health and Addiction Services (DMHAS). Connecticut Youth Suicide Prevention Initiative awarded to the Connecticut State University System four campuses, 2009-2010. [Award \$16,000, three years].

Blue Foundation Grant – “Teaching Responsible Behaviors to Adolescents (TRBA),” winter 2006. (Submitted with Irene Bravo, Ph.D., not funded).

SERVICE

2014 - 2015	Threat Assessment Team – Member Eastern Connecticut State University
2012	Search Committee for Counseling and Psychological Services – <i>Chair</i> Eastern Connecticut State University/Division of Student Affairs
2012	Professional Development Working Group – <i>Member</i> Eastern Connecticut State University/Division of Student Affairs
2011	Search Committee for Athletics Director – <i>Member</i> Eastern Connecticut State University/Division of Academic Affairs
2010 – 2015	Veterans Education and Transition Services Advisory Board – <i>Member</i> Eastern Connecticut State University/Division of Student Affairs
2009 – 2015	Student Intervention Team – <i>Member</i> Eastern Connecticut State University/Division of Student Affairs
2009 – 2015	Sexual Assault and Interpersonal Violence Response Team – <i>Member</i> Eastern Connecticut State University/Division of Student Affairs

BOARD MEMBERSHIP

2012 – present	Jordan Porco Foundation Clinical Advisory Board Member
2013 – 2015	Sexual Assault Crisis Center of Eastern Connecticut Board of Director Member
2011 – 2015	Northeast Communities Against Substance Abuse (NECASA) Board of Director Member

PRESENTATIONS

“The Crisis of Latino Males: A Call for Action.” Connecticut Association of Latino in Higher Education part of a panel discussion on psychosocial issues. October 3, 2014, Central Connecticut State University, New Britain, Connecticut.

“QPR, Ask a Question and Save a Life.” Division of Student Affairs Summer Retreat. May 20, 2014, Eastern Connecticut State University, Willimantic, Connecticut.

“The New Normal in Clinical Supervision on the College Campus.” Presented in Northeast College Counseling Center Directors (NECCD) conference. Co-presenters included Janet Spoltore, Ph.D., ABPP, and Nick Pinkerton, Psy.D., March 2014, Yale University, New Haven, Connecticut.

“Risk Management and Ethical Practice: The Art of Juggling Porcupines.” An annual roundtable event for local private practitioners in which continuing education credit was awarded to Connecticut licensed social workers. Co-presenter included Denielle Burl, Esq., February, 2011, Willimantic, Connecticut.

“Mental Health Discussion: Depression and Domestic Violence.” Live radio show conducted for Univision Radio for Spanish speaking listeners (WAMR – Amor 107.5), June 6, 2007, Coral Gables, Florida.

“Promoting mental health services.” Miami-Dade Cable Tap, twenty-minute recorded segment, February 2007, Miami, Florida.

“Depression and the holiday blues.” A forty-minute segment recorded for WKIS-FM, December 2006, Miami, Florida.

“Professional Ethics, Florida Statutes and Rules.” Continuing education required for Florida licensed psychologists. Carlos Albizu University Alumni Association, March 2006, Doral Florida.

HONORS/AWARDS

2006 **Director of the Year**
Carlos Albizu University
Miami, Florida

2006 **Faculty Appreciation Award**
Carlos Albizu University
Miami, Florida

PROFESSIONAL AFFILIATIONS

American Psychological Association, Member

REFERENCES

Upon request