

KRISTEN FARRELL-TURNER, Ph.D.

Licensed Clinical Psychologist (FL #PY8705)

Assistant Professor

Doctor of Psychology Program

Carlos Albizu University

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EDUCATION & TRAINING

Aug 2011 – Nov 2012

Post-doctoral Fellowship (APA-Accredited)

VA Healthcare System, Bruce W. Carter Medical Center, Miami, FL

Rotations: Consult & Liaison, Integrated Health/Patient Aligned Care Teams

Aug 2005 - Aug 2011

Doctor of Philosophy, Clinical Psychology

University of Miami, Coral Gables, FL

Concentration: Health Clinical Psychology

Dissertation: *The Relationships among Medication and Low-salt Diet Adherence, Beliefs about Medicines, and Psychosocial variables among Individuals with Heart Failure.*

Jul 2010 – Jun 2011

Pre-doctoral Internship (APA-Accredited)

Citrus Health Network, Inc., Hialeah, FL

Rotations: Assessment and Emergency, Outpatient Psychotherapy, Psychoeducational Assessment, Treating Adolescents Coping with Trauma, Crisis Stabilization Units (Adult & Child)

Aug 2005 – Dec 2007

Master of Science (non-terminal degree), Clinical Psychology

University of Miami, Coral Gables, FL

Concentration: Health Clinical Psychology

Thesis: *Independent Associations between Psychosocial Constructs and C-Reactive Protein among Healthy Women*

Sept 2000 - Apr 2002

Master of Science, Kinesiology

The University of Michigan, Ann Arbor, MI

Concentration: Exercise Physiology

Thesis: *Gender Differences in Patient Disclosure of Pelvic Organ Prolapse*

Aug 1996 - May 2000

Bachelor of Arts, Psychology

Ohio Wesleyan University, Delaware, OH

Magna Cum Laude with University Honors

EXPERIENCE

Apr 2014 – present

Assistant Professor - Carlos Albizu University, Miami, FL

Courses taught: Quantitative Methods, Behavioral Medicine – Geriatric, Health Psychology, Theories of Tests and Test Construction, Cognitive Behavioral Therapy, Doctoral Project Seminar; load is 3-4 classes per semester year-round

Academic advising: Advisee load of approximately 20-28 students per year

Doctoral project chair: Approximately 3-4 completed projects per year

Doctoral project member: Approximately 4-5 completed projects per year

Administer oral qualifying examinations: Approximately 10-15 per year

- Apr 2013 – Mar 2016** **Independent Private Practice (Kristen Farrell-Turner, LLC)** - Pinecrest, FL
 Psychotherapy with adults and adolescents with mood, anxiety, adjustment, and personality disorders, grief, and chronic medical illness.
- May 2013 – Apr 2014** **Adjunct Professor** - Carlos Albizu University, Miami, FL
Courses taught: Quantitative Methods, Behavioral Medicine – Geriatric, Health Psychology
- Aug 2011 – Nov 2012** **Postdoctoral Fellow** - VA Healthcare System, Bruce W. Carter Medical Center, Miami, FL
Rotations: Consult & Liaison, Integrated Health/Patient Aligned Care Teams
Supervisors: Regina Pavone, Ph.D., Paul Hartman, Ph.D., Jason Dahn, Ph.D.
- Conducted biopsychosocial diagnostic evaluations and brief interventions as per consults from medical services; caseload of approximately 5-7 medical inpatients and outpatients per week. Carried average caseload of 6-10 weekly individual psychotherapy clients. Co-facilitated interdisciplinary patient groups; addressed: motivators of and barriers to healthy lifestyle change, medication adherence, psychopathology, sleep, interpersonal/social functioning. Conducted a weekly mindfulness-based stress reduction group. Completed empirical project investigating the relationship among pain, BMI, and physical activity.
- Jul 2010 – Jun 2011** **Pre-Doctoral Intern** - Citrus Health Network, Inc., Hialeah, FL
Clinics: Assessment and Emergency, Outpatient Psychotherapy, Psychoeducational Assessment, Treating Adolescents Coping with Trauma, Crisis Stabilization Units (Adult & Child)
Supervisors: Rafael Rivas-Vasquez, Psy.D., ABPP, Jesus Perez, Psy.D., Dolly Akel-Greer, Psy.D., Dianne Rosen, Ph.D., ABPP, Xenia Aponte, M.D., Kenia Castro, M.D.
- Conducted brief triage and biopsychosocial evaluations and brief crisis interventions. Carried caseload of approximately 15 psychotherapy clients per week. Conducted 10 comprehensive psychoeducational assessments and prepared written reports for children with conduct, learning, attention, mood, anxiety, and other disorders. Facilitated a weekly group among adolescent boys focused on reducing anger, and co-facilitated a weekly group among male juvenile sexual offenders addressing emotional and behavioral problems as they relate to the offense. Evaluated mental status and conducted brief individual therapy aimed at reducing immediate stressors and developing coping skills among inpatient children/adolescents and adults with severe mental illness.
- Jul 2002 – Aug 2005** **Research Associate** - MetroHealth Medical Center Department of Obstetrics and Gynecology & Case Western Reserve University, Cleveland, OH
- NICHD R01 HD022965 *Insulin Resistance and Glucose Metabolism in Pregnancy*
PI: Patrick M. Catalano, M.D.
 Screened potential participants for study eligibility by reviewing medical chart. Consented study participants while they were inpatients awaiting Caesarean section in Labor and Delivery. Collected biological samples including maternal blood, placenta, and cord blood immediately following delivery. Performed anthropometric assessments (length, weight, head circumference, skinfolds) on approximately 80 neonates. Maintained IRB compliance by preparing and completing continuing reviews and amendments.

NICHD R01 HD034243 *Hyperglycemia and Adverse Pregnancy Outcome*
Project PI: Boyd Metzger, M.D.; Site PI: Patrick M. Catalano, M.D.
 Screened potential participants for study eligibility by reviewing medical chart. Consented participants and scheduled study visits at GCRC. Maintained IRB and clinical coordinating center compliance by completing continuing review and adverse event reports. Completed monthly screening and recruitment reports for purposes of clinical coordinating center record-keeping requirements. Performed anthropometric assessments on approximately 150 neonates.

NICHD P01 HD011089 *Mechanisms and Effect of Decreased Glucose Insulin Sensitivity in Pregnant Women*
PI: Patrick M. Catalano, M.D.
 Recruited and consented study participants and their children for follow-up assessments approximately 8 years after birth. Coordinated study visits with GCRC. Conducted 3-day dietary assessment and 7-day physical activity assessments with children and their mothers. Entered and analyzed data, in consultation with a biostatistician, for purposes of presentations and publications. Maintained IRB compliance by completing continuing reviews and amendments.

Sept 2001 – Jun 2002

Research Assistant - University of Michigan Department of Obstetrics and Gynecology, Ann Arbor, MI
 NICHD R01 HD038665 *Do Women with Prolapse have Levator Ani Impairment?*
PI: John O.L. DeLancey, M.D.
 Screened potential study participants for eligibility and scheduled study visit. Assisted with clinical urogynecological examinations and data collection. Maintained IRB compliance by assisting with amendments and continuing reviews.

PEER REVIEWED ARTICLES

- Mejia, M., Hyman, S. M., Behbahani, S., & **Farrell-Turner, K.** (2016). Death anxiety and ageist attitudes are related to trainees' interest in working with older adults. *Gerontology and Geriatrics Education*. doi: 10.1080/02701960.2016.1247063
- Farrell-Turner, K.** (2015). Women's health providers: don't forget about polycystic ovary syndrome. *American Psychologist*, 70(1), 49-50. doi: 10.1037/a0038610
- Maeda, U., Shen, B.J., Schwarz, E.R., **Farrell, K.A.**, & Mallon, S. (2013). Self-efficacy mediates the associations of social support and depression with treatment adherence in heart failure patients. *International Journal of Behavioral Medicine*, 20(1), 88-96.
- Shen, B.J., Eisenberg, S.A., Maeda, U., **Farrell, K.** Schwarz, E.R., Penedo, F.J., Bauerlein, E.J., & Mallon, S. (2011). Depression and Anxiety Predict Decline in Physical Health Functioning in Patients with Chronic Heart Failure. *Annals of Behavioral Medicine*, 41(3), 373-382.
- Farrell, K.**, Shen B.J., Mallon, S., Penedo, F., & Antoni, M. (2011). Utility of the Millon Behavioral Medicine Diagnostic (MBMD) to predict medication adherence in patients diagnosed with heart failure. *Journal of Clinical Psychology in Medical Settings*, 18(1), 1-12.
- Shen, B.J., **Farrell, K.**, Penedo, F.J., Schneiderman, N., & Orth-Gomer, K. (2010). Association between marital stress and C-reactive protein is moderated by waist circumference in middle-aged healthy women. *Annals of Behavioral Medicine*, 40(3), 258-264.

- Farrell, K.**, & Antoni, M. (2010). Insulin resistance, obesity, inflammation, and depression in polycystic ovary syndrome: Biobehavioral mechanisms and interventions. *Fertility and Sterility*, 94(5), 1565-1574.
- Radaelli, T., **Farrell, K.**, Huston-Presley, L., Amini, S., Kirwan, J., McIntyre, H.D., & Catalano, P.M. (2010). Estimates of insulin sensitivity using glucose and C-peptide from the HAPO glucose tolerance test. *Diabetes Care*, 33(3), 490-494.
- McIntyre, H.D., Chang, A.M., Callaway, L.K., Cowley, D.M., Dyer, A., Radaelli, T.M., **Farrell, K.**, Huston-Presley, L., Amini, S.B., Kirwan, J.P., & Catalano, P.M. (2010). Hormonal and metabolic factors associated with variations in insulin sensitivity in human pregnancy. *Diabetes Care*, 33(2), 356-360.
- Catalano, P.M., **Farrell, K.**, Thomas, A., Huston-Presley, L., Mencin, P., Hauguel –de Mouzon, S. & Amini, S.B. (2009). Perinatal risk factors for childhood obesity and metabolic dysregulation. *American Journal of Clinical Nutrition*, 90, 1303-1313.

ORAL PRESENTATIONS

- Shen, B.J., Eisenberg, S.A., Maeda, U., **Farrell, K.**, Schwarz, E.R., Penedo, F., Bauerlein, E.J., Mallon, S. (2010, April). *Depression and anxiety predict the decline of physical functioning over six months in patients with heart failure*. Presentation at the 31st Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine.
- Shen, B.J., **Farrell, K.**, Bauerlein, E.J., Mallon, S. (2008, Nov). *Psychological distress and physical functional outcome of heart failure*. Presentation at the research symposium of the American Heart Association, New Orleans, LA.
- Catalano, P., **Farrell, K.**, Mencin, P., Huston-Presley, L. (2006, October). *Longitudinal changes in body composition from birth to 1 year of age in infants of women with gestational diabetes mellitus (GDM) and normal glucose tolerance (NGT)*. Presentation at the North American Association for the Study of Obesity (NAASO) Society Annual Meeting, Boston, MA.
- Catalano, P., **Farrell, K.**, Presley, L., Amini, S. (2006, February). *Long-term follow up of infants of women with normal glucose tolerance (NGT) and gestational diabetes (GDM): Risk factors for obesity and components of the metabolic syndrome in childhood*. Presentation at the Society for Maternal-Fetal Medicine 26th Annual Meeting, Miami Beach, FL.
- Ortega, H., Herrera, E., Minium, J., **Farrell, K.**, Varastehpour, A., Catalano, P., Hauguel-de Mouzon S. (2005, June). *Increased placenta lipid signals in diabetes-induced fetal obesity*. Presentation at the American Diabetes Association Annual Meeting, San Diego, CA.
- Farrell, K.**, Baragi, R., Watkins, B., Morgan, D.M., DeLancey, J.O.L. (2002, September). *Gender differences in patient disclosure of pelvic organ prolapse*. Presentation at the American Urogynecological Society Annual Scientific Meeting, San Francisco, CA.

POSTER PRESENTATIONS

- Villalobos, E., Ambrogini, D., **Farrell-Turner, K.** (2017, Aug.). *Cultural factors influencing psychological well-being of women with infertility*. Presented at the American Psychological Association Convention, Washington, DC.

Villalobos, E., Ambrogini, D., **Farrell-Turner, K.** (2016, Sept.). *Physical and mental health benefits of physical activity in women with polycystic ovary syndrome*. Presented at the VIII Ibero American Congress of Clinical and Health Psychology, San Juan, Puerto Rico.

Farrell, K., Shen, B.J., Penedo, F.J., Hershberger, R., Delamater, A., Mallon, S., Antoni, M.H. (2011, April). *Predictors of adherence to low-salt diet among heart failure patients*. Presented at the 32nd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.

Farrell, K., Shen, B.J., Mallon, S., Penedo, F.J., Antoni, M.H. (2010, April) *Utility of the Millon Behavioral Medicine Diagnostic (MBMD) to predict medication adherence in patients diagnosed with heart failure*. Presented at the 31st Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Seattle, WA.

Farrell, K., Shen, B.J., Bauerlein, E.J., Penedo, F., Mallon, S. (2009, April). *Beliefs about medicines and depression are associated with medication adherence among individuals with heart failure*. Presented at the Annual Meeting of the Society for Behavioral Medicine, Montreal, Canada.

Farrell, K., Shen, B.J., Bauerlein, E.J., Penedo, F., Mallon, S. (2008, March). *Depression, social support, and self-efficacy are associated with medication adherence among individuals with heart failure*. Presented at the Annual Meeting of the Society for Behavioral Medicine, San Diego, CA.

Farrell, K., Shen, B.J., Penedo, F., Schneiderman, N., Orth-Gomer, K. (2007, March). *Aspects of anger are associated with C-reactive protein in healthy women: The Stockholm Female Coronary Risk Study*. Presented at the Annual Meeting of the Society for Behavioral Medicine, Washington, D.C.

GRADUATE PRACTICUM TRAINING

May 2006 – May 2010

Psychological Services Center, University of Miami, Coral Gables, FL
Supervisors: D. Kim Fuller, Ph.D., ABPP, Frank Penedo, Ph.D., Amy Boyers, Ph.D., Adriana Rosen, Ph.D., Malcolm Kahn, Ph.D., Ketty Patiño-Gonzalez, Ph.D., Maria Fernandez, Ph.D., Amy Weisman, Ph.D., Craig Marker, Ph.D.

Conducted individual and couples outpatient psychotherapy and psychoeducational evaluations with children and adults. Mentored junior graduate students and participated in case presentation meetings with clinic directors.

Jan 2009 – Aug 2009

Cancer Support Community, Miami, FL
Supervisor: Peggy Rios, Ph.D.

Provided individual support to center participants, co-facilitated a support group in which participants shared current concerns related to cancer and its treatment.

Aug 2008 – Aug 2009

Mailman Center for Child Development, University of Miami, Miami, FL
Clinics: Florida Department of Health Adolescent Testing, Adolescent Gynecology, Pediatric Pulmonary
Supervisors: Alan Delamater, Ph.D., Monica Dowling, Ph.D.

Administered brief assessments for depression, PTSD and stressful life events, and provided brief therapeutic interventions for adolescents diagnosed with and/or undergoing testing for a variety of sexually transmitted diseases, including HIV/AIDS. Served as a medical team consult and provided brief therapeutic interventions for children/families diagnosed with respiratory illnesses. Served as a medical team consult and provided brief therapeutic interventions for adolescent girls experiencing a variety of psychosocial problems.

Aug 2007 – Aug 2008

VA Healthcare System, Bruce W. Carter Medical Center, Miami, FL
Clinics: Consult & Liaison, Integrated Health/Patient Aligned Care Teams
Supervisors: Regina Pavone, Ph.D., Paul Hartman, Ph.D.

Conducted biopsychosocial evaluations and brief interventions as per consults from primary care, psychiatry, and inpatient medical and surgical units. Carried average caseload of five weekly psychotherapy clients.

GRADUATE RESEARCH TRAINING

Aug 2005 – June 2010

Graduate Researcher, University of Miami Department of Psychology, Miami, FL

Depression and outcomes of congestive heart failure – An examination of behavioral and physiological pathways. American Heart Association sponsored.
Project PI: Biing-Jiun Shen, Ph.D.; Site PI: Frank Penedo, Ph.D.

Recruited and consented individuals with primary diagnosis of heart failure from several outpatient cardiology clinics. Arranged and conducted participant initial and follow-up study visits. Collected data from the participant such as medical history, blood specimen, and psychosocial functioning assessment. Conducted extensive baseline and follow-up medical chart reviews for approximately 130 study participants. Established collaborative relationships with several cardiologists and their clinics at University of Miami Hospitals and Clinics and Jackson Health System for purpose of increasing recruitment. Directly supervised, trained, and allocated project responsibilities to a research assistant and several undergraduate student volunteers. Assisted with training of graduate students and research assistants at adjunct study site (University of Southern California [USC]). Interviewed potential research assistants and determined whom to hire. Prepared and de-identified participant study files and shipped them to USC after completion of participant data collection at UM site. Estimated yearly budget for purpose of grant subcontract completion. Maintained IRB compliance by preparing and submitting adverse event reports, amendments, and continuing reviews. Completed General Clinical Research Center renewal application and conducted nursing staff in-service. Entered, checked, and analyzed study data for purposes of IRB continuing reviews and conference presentations.

ADDITIONAL GRADUATE TRAINING - INSTRUCTOR

August – December 2007

Graduate Trainee, Course Instructor

University of Miami Department of Psychology, Coral Gables, FL
Introduction to Psychobiology

AWARDS & HONORS

2010

Kirk R. Danhour Memorial Award for excellence in research, clinical skills, and leadership, University of Miami Department of Psychology, Coral Gables, FL

2006-2010

National Institutes of Health Cardiovascular Research Training Grant Fellow, University of Miami, Coral Gables, FL

2008

Commendation on Qualifying Examination (content area: Ethics and Intervention), University of Miami Department of Psychology, Coral Gables, FL

- 2000-2001** **University of Michigan Rackham Graduate School Research Training Fellowship,**
University of Michigan, Ann Arbor, MI
- 1996-2000** **Ohio Wesleyan University Trustee Scholarship,** Ohio Wesleyan University, Delaware, OH

EDITORIAL ACTIVITIES: PEER REVIEWER

American Journal of Obstetrics and Gynecology
Psychoneuroendocrinology
Psychology and Health
Health Psychology Reviews
Journal of Women's Health
International Journal of Women's Health
Neuropsychiatric Disease and Treatment

SERVICE

- 2016 – present** **Carlos Albizu University, Miami, FL**
Student Retention Committee
Institutional Center for Scientific Research Advisory Committee
- 2014 – 2016** **Carlos Albizu University, Miami, FL**
Institutional Review Board Member
- 2009 – 2010** **University of Miami College of Arts and Sciences, Coral Gables, FL**
Graduate Association Funding Allocation Committee Chair
- 2006 – 2010** **University of Miami Department of Psychology, Coral Gables, FL**
Psychology Graduate Student Association Representative

PROFESSIONAL AFFILIATIONS

American Psychological Association (2006 – 2010; 2013 - present)

REFERENCES available upon request